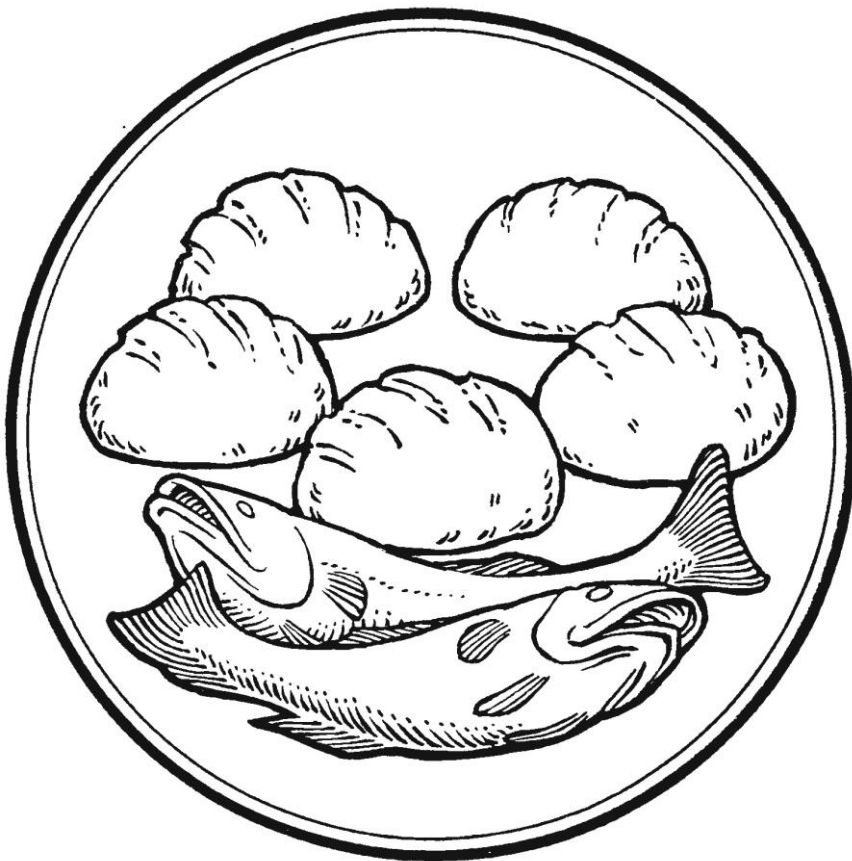


# *Laetare*



*Rejoice with Jerusalem, and be glad for her, all you who love her;  
that you may nurse and be satisfied from her consoling breast.*

## **The Fourth Sunday in Lent**

**March 19, 2023**

**9:30 a.m.**

This Morning's Hymns

897 743 561 625 620 630 642

For you have not come to what may be touched, a blazing fire and darkness and gloom and a tempest and the sound of a trumpet and a voice whose words made the hearers beg that no further messages be spoken to them. For they could not endure the order that was given, "If even a beast touches the mountain, it shall be stoned." Indeed, so terrifying was the sight that Moses said, "I tremble with fear." But you have come to Mount Zion and to the city of the Living God, the Heavenly Jerusalem, and to innumerable angels in festal gathering, and to the assembly of the firstborn who are enrolled in Heaven, and to God, the Judge of all, and to the spirits of the righteous made perfect, and to Jesus, the Mediator of a New Covenant, and to the sprinkled blood that speaks a better Word than the blood of Abel.

*Hebrews 12:18–24*

The cup of blessing that we bless, is it not a participation in the Blood of Christ? The bread that we break, is it not a participation in the Body of Christ? Because there is one bread, we who are many are one body, for we all partake of the one bread . . . For I received from the Lord what I also delivered to you, that the Lord Jesus on the night when He was betrayed took bread, and when He had given thanks, He broke it, and said, "This is My Body, which is for you. Do this in remembrance of Me." In the same way also He took the cup, after supper, saying, "This Cup is the New Covenant in My Blood. Do this, as often as you drink it, in remembrance of Me." For as often as you eat this bread and drink the cup, you proclaim the Lord's death until He comes. Whoever, therefore, eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty concerning the body and blood of the Lord. Let a person examine himself, then, and so eat of the bread and drink of the cup. For anyone who eats and drinks without discerning the body eats and drinks judgment on himself.

*1 Corinthians 10:16–17; 11:23–29*

*Who receives this sacrament worthily?* Fasting and bodily preparation are certainly fine outward training. But that person is truly worthy and well prepared who has faith in these words: "Given and shed for you for the forgiveness of sins." But anyone who does not believe these words or doubts them is unworthy and unprepared, for the words "for you" require all hearts to believe.

*Luther's Small Catechism: The Sacrament of the Altar*

Falsely are our churches accused of abolishing the Mass; for the Mass is retained among us and celebrated with the highest reverence. Nearly all the usual ceremonies are also preserved . . . For ceremonies are needed to this end alone: that the unlearned be taught what they need to know of Christ . . . The people are accustomed to partake of the Sacrament together, if any be fit for it, and this also increases the reverence and devotion of public worship. For none are admitted except they be first examined.

*Augsburg Confession XXIV: Of the Mass*

#### A Welcome to Our Visitors

Welcome to St. Paul Lutheran Church. We are glad that you have joined us this morning to receive from our gracious God and to offer Him your prayer, praise, and thanksgiving. If this is your first visit to St. Paul, or you have never received the Lord's Supper from Pastor Proctor, we ask that you speak with him or one of the elders before receiving Holy Communion. Children and adults who are not permitted to the Sacrament of the Altar may come forward and cross their arms against their chest to indicate they would like to receive a blessing at the rail.

*During Lent the service begins with the Litany and the Collect of the Day.  
This replaces the regular Preparatory Rite, Introit, and Kyrie.*

## ✠ THE LITANY ✠

### Salutation and Collect

**P** The Lord be with you.



**C** And with thy spir - it.

**P** Let us pray. Grant, we implore You, Almighty God: that we, who for our evil deeds do worthily deserve to be punished, by the comfort of Your grace may mercifully be relieved; through Jesus Christ, Thy Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever.



**C** A - men.

Hymn

O Rejoice, Ye Christians, Loudly  
(stanzas 1-3)

897

# ✠ SERVICE OF THE WORD ✠

Sit

## Old Testament

Exodus 16:2–21

*In those days:* <sup>2</sup>The whole congregation of the people of Israel grumbled against Moses and Aaron in the wilderness, <sup>3</sup>and the people of Israel said to them, “Would that we had died by the hand of the LORD in the land of Egypt, when we sat by the meat pots and ate bread to the full, for you have brought us out into this wilderness to kill this whole assembly with hunger.”

<sup>4</sup>Then the LORD said to Moses, “Behold, I am about to rain bread from Heaven for you, and the people shall go out and gather a day’s portion every day, that I may test them, whether they will walk in My law or not. <sup>5</sup>On the sixth day, when they prepare what they bring in, it will be twice as much as they gather daily.” <sup>6</sup>So Moses and Aaron said to all the people of Israel, “At evening you shall know that it was the LORD who brought you out of the land of Egypt, <sup>7</sup>and in the morning you shall see the glory of the LORD, because He has heard your grumbling against the LORD. For what are we, that you grumble against us?” <sup>8</sup>And Moses said, “When the LORD gives you in the evening meat to eat and in the morning bread to the full, because the LORD has heard your grumbling that you grumble against Him—what are we? Your grumbling is not against us but against the LORD.”

<sup>9</sup>Then Moses said to Aaron, “Say to the whole congregation of the people of Israel, ‘Come near before the LORD, for He has heard your grumbling.’” <sup>10</sup>And as soon as Aaron spoke to the whole congregation of the people of Israel, they looked toward the wilderness, and behold, the glory of the LORD appeared in the cloud. <sup>11</sup>And the LORD said to Moses, <sup>12</sup>“I have heard the grumbling of the people of Israel. Say to them, ‘At twilight you shall eat meat, and in the morning you shall be filled with bread. Then you shall know that I am the LORD your God.’”

<sup>13</sup>In the evening quail came up and covered the camp, and in the morning dew lay around the camp. <sup>14</sup>And when the dew had gone up, there was on the face of the wilderness a fine, flake-like thing, fine as frost on the ground. <sup>15</sup>When the people of Israel saw it, they said to one another, “What is it?” For they did not know what it was. And Moses said to them, “It is the bread that the LORD has given you to eat. <sup>16</sup>This is what the LORD has commanded: ‘Gather of it, each one of you, as much as he can eat. You shall each take an omer, according to the number of the persons that each of you has in his tent.’” <sup>17</sup>And the people of Israel did so. They gathered, some more, some less. <sup>18</sup>But when they measured it with an omer, whoever gathered much had nothing left over, and whoever gathered little had no lack. Each of them gathered as much as he could eat. <sup>19</sup>And Moses said to them, “Let no one leave any of it over till the morning.” <sup>20</sup>But they did not listen to Moses. Some left part of it till the morning, and it bred worms and stank. And Moses was angry with

them. <sup>21</sup>Morning by morning they gathered it, each as much as he could eat; but when the sun grew hot, it melted.

**L** This is the Word of the Lord.

**C** Thanks be to God.

## Gradual

*Psalm 122:1, 7*



I was glad when they | said to me,\*  
"Let us go to the house | of the LORD!"  
**Peace be with- | in your walls\***  
**and security within your | towers!**

## Epistle

*Galatians 4:22–5:1*

*Brethren:* <sup>22</sup>For it is written that Abraham had two sons, one by a slave woman and one by a free woman. <sup>23</sup>But the son of the slave was born according to the flesh, while the son of the free woman was born through promise. <sup>24</sup>Now this may be interpreted allegorically: these women are two covenants. One is from Mount Sinai, bearing children for slavery; she is Hagar. <sup>25</sup>Now Hagar is Mount Sinai in Arabia; she corresponds to the present Jerusalem, for she is in slavery with her children. <sup>26</sup>But the Jerusalem above is free, and she is our mother. <sup>27</sup>For it is written,

"Rejoice, O barren one who does not bear;  
break forth and cry aloud, you who are not in labor!  
For the children of the desolate one will be more  
than those of the one who has a husband."

<sup>28</sup>Now you, brothers, like Isaac, are children of promise. <sup>29</sup>But just as at that time he who was born according to the flesh persecuted him who was born according to the Spirit, so also it is now. <sup>30</sup>But what does the Scripture say? "Cast out the slave woman and her son, for the son of the slave woman shall not inherit with the son of the free woman." <sup>31</sup>So, brothers, we are not children of the slave but of the free woman.

<sup>5:1</sup>For freedom Christ has set us free; stand firm therefore, and do not submit again to a yoke of slavery.

**L** This is the Word of the Lord.

**C** Thanks be to God.

Stand

## Tract

Psalm 125:1–2, 5b



Those who trust in the LORD are like Mount | Zion,\*  
which cannot be moved, but abides for- | ever.

**As the mountains surround Jerusalem, so the LORD surrounds His | people,\*  
from this time forth and forevermore. Peace be upon | Israel!**

## Holy Gospel

John 6:1–15

**P** The continuation of the Holy Gospel according to St. John:

**C** **Glory be to Thee, O Lord.**

<sup>1</sup>After this Jesus went away to the other side of the Sea of Galilee, which is the Sea of Tiberias. <sup>2</sup>And a large crowd was following Him, because they saw the signs that He was doing on the sick. <sup>3</sup>Jesus went up on the mountain, and there He sat down with His disciples. <sup>4</sup>Now the Passover, the feast of the Jews, was at hand. <sup>5</sup>Lifting up His eyes, then, and seeing that a large crowd was coming toward Him, Jesus said to Philip, “Where are we to buy bread, so that these people may eat?” <sup>6</sup>He said this to test him, for He Himself knew what He would do. <sup>7</sup>Philip answered Him, “Two hundred denarii would not buy enough bread for each of them to get a little.” <sup>8</sup>One of His disciples, Andrew, Simon Peter’s brother, said to Him, <sup>9</sup>“There is a boy here who has five barley loaves and two fish, but what are they for so many?” <sup>10</sup>Jesus said, “Have the people sit down.” Now there was much grass in the place. So the men sat down, about five thousand in number. <sup>11</sup>Jesus then took the loaves, and when He had given thanks, He distributed them to those who were seated. So also the fish, as much as they wanted. <sup>12</sup>And when they had eaten their fill, He told his disciples, “Gather up the leftover fragments, that nothing may be lost.” <sup>13</sup>So they gathered them up and filled twelve baskets with fragments from the five barley loaves, left by those who had eaten. <sup>14</sup>When the people saw the sign that He had done, they said, “This is indeed the Prophet who is to come into the world!”

<sup>15</sup>Perceiving then that they were about to come and take Him by force to make Him king, Jesus withdrew again to the mountain by Himself.

**P** This is the Gospel of the Lord

**C** **Praise be to Thee, O Christ.**

## Nicene Creed

I believe in one God, the Father Almighty, Maker of Heaven and earth and of all things visible and invisible. And in one Lord Jesus Christ, the only-begotten Son of God, begotten of His Father before all worlds, God of God, Light of Light, very God of very God, begotten, not made, being of one substance with the Father, by whom all things were made; who for us men and for our salvation came down from Heaven *and was incarnate by the Holy Spirit of the Virgin Mary and was made man*; and was crucified also for us under Pontius Pilate. He suffered and was buried. And the third day He rose again according to the Scriptures and ascended into Heaven and sits at the right hand of the Father. And He will come again with glory to judge both the living and the dead, whose Kingdom will have no end. And I believe in the Holy Spirit, the Lord and Giver of life, who proceeds from the Father and the Son, who with the Father and the Son together is *worshipped and glorified*, who spoke by the prophets. And I believe in One Holy Christian and Apostolic Church, I acknowledge one Baptism for the remission of sins, and I look for the resurrection of the dead and the life ✠ of the world to come. Amen.

*Sit*

Hymn of the Day

Jesus, Priceless Treasure

743

Sermon

Offering

*Stand*

Offertory



**C** Cre - ate in me a clean heart, O God, and re -



new a right spir - it with - in me. Cast me not a -



way from Thy pres - ence, and take not Thy Ho - ly Spir - it

from me. Re - store un - to me the joy of Thy sal - va -  
tion, and up - hold me with Thy free spir-it. A - men.

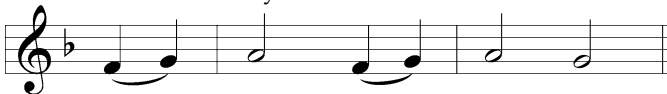
## Prayer of the Church



# ✠ SERVICE OF THE SACRAMENT ✠

## Preface

**P** The Lord be with you.



**C** And with thy spir - it.

**P** Lift up your hearts.



**C** We lift them up un - to the Lord.

**P** Let us give thanks unto the Lord our God.



**C** It is meet and right so to do.

## Proper Preface

It is truly meet, right, and salutary that we should at all times and in all places give thanks to You, Holy Lord, Almighty Father, Everlasting God, through Jesus Christ, our Lord, who accomplished the salvation of mankind by the tree of the cross that, where death arose, there life also might rise again and that the serpent who overcame by the tree of the garden might likewise by the tree of the cross be overcome. Therefore with angels and archangels and with all the company of Heaven we laud and magnify Your Glorious Name, evermore praising You and saying:

## Sanctus



**C** Ho - ly, ho - ly, ho - ly Lord God of Sab - a - oth;



heav'n and earth are full of Thy glo - ry. Ho - san - na,

ho - san - na, ho - san - na in the high - est. Bless - ed is He,  
 bless - ed is He, bless - ed is He that com - eth in the name of the Lord.  
 Ho - san - na, ho - san - na, ho - san - na in the high - est.

### The Lord's Prayer

Our Father who art in Heaven, hallowed be Thy Name, Thy Kingdom come, Thy Will be done on earth as it is in Heaven; give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but ✠ deliver us from evil. For Thine is the Kingdom and the power and the glory forever and ever. Amen.

### The Words of Our Lord

Our Lord Jesus Christ, on the night when He was betrayed, took bread, and when He had given thanks, He broke it and gave it to the disciples and said: "Take, eat; this is My ✠ Body, which is given for you. This do in remembrance of Me."

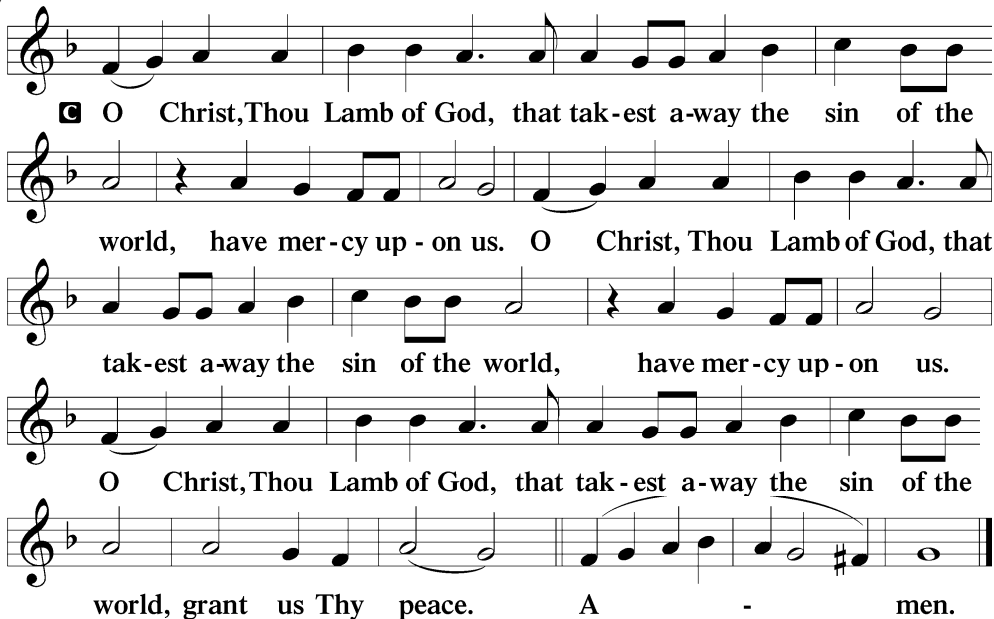
In the same way also He took the cup after supper, and when He had given thanks, He gave it to them, saying: "Drink of it, all of you; this cup is the New Testament in My ✠ Blood, which is shed for you for the forgiveness of sins. This do, as often as you drink it, in remembrance of Me."

### Pax Domini

**P** The peace of the Lord be with you always.

**C** A - men.

## Agnus Dei



□ O Christ, Thou Lamb of God, that tak-est a-way the sin of the world, have mer-cy up - on us. O Christ, Thou Lamb of God, that tak-est a-way the sin of the world, have mer-cy up - on us. O Christ, Thou Lamb of God, that tak-est a-way the sin of the world, grant us Thy peace. A - - men.

*Sit*

## Distribution Hymns

The Tree of Life	561
Lord Jesus Christ, Life-Giving Bread	625
Jesus Comes Today with Healing	620
Now, My Tongue, the Mystery Telling	630

Stand

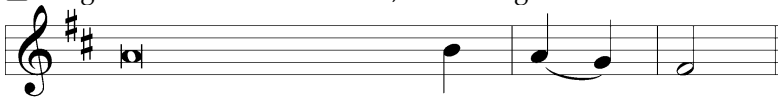
## Nunc Dimittis



Lord, now lettest Thou Thy servant de - part in peace ac -  
cord - ing to Thy word, for mine eyes have seen Thy salvation,  
which Thou hast pre - pared be - fore the face of all people,  
a light to light - en the Gen - tiles and the glo - ry of Thy  
peo - ple Is - ra - el. Glo - ry be to the Father and  
to the Son and to the Ho - ly Ghost; as it was in the beginning,  
is now, and ev - er shall be, world without end. A - men.

## Thanksgiving

**P** O give thanks unto the LORD, for He is good.



**C** and His mercy endureth for - ev - er.

**P** Let us pray. O God the Father, the fountain and source of all goodness, who in loving-kindness sent Your Only-Begotten Son into the flesh, we thank You that for His sake You have given us pardon and peace in this Sacrament, and we ask You not to forsake Your children but always to rule our hearts and minds by Your Holy Spirit that we may be enabled constantly to serve You; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever.



**C** A - men.

### Salutation and Benedicamus

**P** The Lord be with you.



**C** And with thy spir - it.

**P** Bless we the Lord.



**C** Thanks be to God.

### Benediction

**P** The LORD bless you and keep you.

The LORD make His face shine upon you and be gracious unto you.

The LORD lift up His countenance upon you and ✠ give you peace.



**C** A-men, a-men, a - men.

### Hymn

### O Living Bread from Heaven

642

#### Acknowledgments

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## ST. PAUL LUTHERAN CHURCH

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*"To Shine Forth the Light of God's Love into Our World"*

# BULLETIN NEWS

## THIS WEEK'S CALENDAR

<u>Date</u>	<u>Time</u>	<u>Event</u>	<u>Location</u>
Sunday, March 19	9:30am	Divine Service	Sanctuary
	11:30am	Adult Bible Class	Irmer Hall
		Sunday School	Mueller Hall
Wednesday, March 22	1:00pm	Bible Study	Library
	3:30pm	Confirmation Class	Pastor's Study
Thursday, March 23	7:00pm	Midweek Lenten Service	Sanctuary
Saturday, March 25	11:00am	Memorial Service for	Sanctuary
		Donovan "Doc" Dalbey	

### LWML PROJECT

LWML will be decluttering, organizing, and updating our kitchen in the weeks to come. If you have brought serve-ware or utensils to church, please collect them so they don't get thrown in the trash or donated.

### THRIVENT

LWML is working on a project to help update our kitchen. Did you know that Thrivent can help? If you have a Thrivent (formerly AAL/Lutheran Brotherhood) life insurance policy, you are able to apply for a \$250 grant each year. Contact Jeanne Schubring at (916) 205-7071 for more information.

### SOCIAL MINISTRY

We will be collecting canned food items for the next couple of months. These canned food items will be taken to the West Valley Food Pantry for distribution to benefit those in need. Please place your donations on the cart in the narthex.

### BABY BOTTLE DRIVE

Baby bottle coin banks are available on the narthex counter. Once your family has filled a bottle, bring it back to church and exchange it for an empty one. The bottle drive will conclude on Easter Sunday, April 9, 2023. All monies collected will be donated to Life Choices Women's Clinic. For more information about Life Choices, visit [www.lcwcaz.org](http://www.lcwcaz.org)

### SACRED CHRISTMAS MUSIC

In observation of The Annunciation of Our Lord, You can listen to sacred Christmas music on Saturday, March 25. Listen at [lutheranpublicradio.org](http://lutheranpublicradio.org), Amazon Alexa, Google Home, TuneIn, Apple HomePod and the Lutheran Public Radio mobile app.



## LET US PRAY FOR...

Please keep this list available for your daily devotions. *For prayer requests Church office (623) 846-2228, or email at [info@stpaul Lutheran-az.com](mailto:info@stpaul Lutheran-az.com). Prayer requests are removed after three weeks.*

### IMMEDIATE CONCERNS:

**Chanel Harrington** – recovering from surgery.

**Christopher Richards** – admitted to the ICU at Banner Estrella.

**Kevin Stamm** – recovering from back surgery.

**Beulah Richards** – upcoming exams for health concerns

### ON-GOING CONCERNS:

**Suzanne Berna** – health concerns

**Charlie Cook** – recovering at home.

**Bea Hendricks** – fell and currently in a care center

**Michael Moreno** – recovering from surgery

**Rose Tressler** – health issues

**Jon Brant** – health problems

**Nicholas Jimenez, Linda Rossow, Jim Rucker, Pat Haas, Judith Kuhajda**

**Dennis Stonecypher** – seeking employment.

**Vi Redner** – recovering from facial fracture.

**Wayne Bartels** – ongoing health issues

**Barbara Sand** – diagnosed with MDS

**Suzi Riley** – suffering from sleep apnea

**Jorge Jimenez** – fighting cancer

### FAMILY AND FRIENDS:

**Robin Proctor** (mother of Pastor Proctor) broke her wrist. Surgery is scheduled for Monday morning.

**Pam Werdabaugh** (mother of Dan Noggle) diagnosed with cancer and undergoing radiation treatment.

**Jean Lorenzen** (mother of Debbie Dyjak) cognitive function has worsened and has entered a care facility.

### THOSE WHO ARE GRIEVING:

Family and friends of **Arbutus Wood**, died March 5.

### MISSIONARIES SUPPORTED BY ST. PAUL:

Rev. Dr. Daniel Jastram and wife, Joan, serving in Japan.

Rev. Steven Massey and son, Marco, serving in Guatemala.

PSWD Missions

Rev. Stephen Oliver and wife, Maggie, and children, serving in Taiwan and the Asia Region.

### PRAY FOR ST. PAUL LUTHERAN CHURCH/THE LUTHERAN CHURCH—MISSOURI SYNOD:

The Rev. Jeff Proctor and family

Sunday School teachers & children

Maryvale Preparatory Academy families & staff

LCMS officers, congregations & schools

Lexington Life Academy families & staff

**OUR NATION:** For all elected and appointed public servants, and all who labor to maintain peace and order.

**FOR THOSE IN THE MILITARY** (*members, friends, or relatives*): **Juan Garcia, Tiffany Gilmore, Robert Gilmore, Ethan Peterman, Robert Majewski, Mike Nguyen, Jacob Wilson, Lucas Butterfass, Nathanael Dyjak, Erich Dyjak**

**OUR SHUT-INS:** Anne Smith